



## R.E. LESSON PLAN - WATFORD SCHOOLS TRUST

LESSON TITLE	LEARNING STAGE	WST TEACHER/DATE
It's Your Move Workshop 2023	UKS2	Mrs Johanna Jordan, Mrs Fiona Penny, or Mrs Tricia Bastable
<p><b>AIM:</b>To provide practical advice and tools to cope with the changes, challenges and choices involved with secondary school transfer.</p> <p><b>LEARNING OBJECTIVE:</b></p> <ul style="list-style-type: none"> <li>● Introduce children to the <i>It's Your Move</i> book</li> <li>● Discuss the changes, challenges and choices involved in secondary school transfer.</li> <li>● Encourage reflection on how secondary school transfer affects the children.</li> <li>● Explore the Bible story of Joseph and how his faith helped him to deal with the changes, challenges and choices he faced.</li> </ul>	<p><b>MAIN AREA/S OF LEARNING</b> (Herts R.E. Agreed Syllabus 2017-22)</p> <p>Identity and belonging</p> <p><b>Other AOL covered:</b> Beliefs and practices Prayer, worship and reflection</p>	<p><b>LESSON RESOURCES</b></p> <p><b>WST will bring:</b> It's Your Move books It's Your Move worksheets (school to photocopy) PowerPoint Beads, Pipe cleaners, balloons Nemo video Joseph video <a href="https://www.youtube.com/watch?v=NQ7wLTBnF84">https://www.youtube.com/watch?v=NQ7wLTBnF84</a> or <a href="https://crossroadskidsclub.net/gods-story-joseph/">https://crossroadskidsclub.net/gods-story-joseph/</a> Students video</p> <p><b>School to provide:</b> Copies of It's Your Move worksheet Pencils/pens</p>

### Introduction

- Introduce yourself and (if relevant) the visitor from the local church who has sponsored the books/lesson.
- Present the '*It's Your Move*' books -- published by Scripture Union. These books are helpful guides for the secondary school transfer with a view toward the Christian faith and how faith in God can impact the move to secondary school.
- Discuss 'How do you feel about starting a new school?' *Optional: Show clip from Finding Nemo, (Chapter 3 8.29-12.17).*
- On your IYM worksheet draw an emoji to show how you feel about your move to secondary school.
- The IYM workshop is designed to help think about the Changes, Challenges and Choices you might be facing and explore how you can deal with them.

### Main content

#### **First Section – Changes:**

- Activity: Quiz – show PP slide with pictures of famous people when they were children. Can the children identify who they are? Ed Sheeran/ Millie Bobby Brown /Simone Biles/Rishi Sunak/ Lewis Hamilton
- Discuss: in talking partners and then with the class:
  - How have you changed?
  - Can you name at least 1 thing that you have achieved that you are proud of? (I.e. learned how to read and write/made friends/be more confident).

- Worksheet: Use the IYM worksheet and write down things that might change when you move to secondary school. What do you look forward to? What makes you feel nervous? Look at pages 10-13 in your IYM book for ideas.
- Discuss: Change is part of life. Although it may feel scary, change can be good! Change means you get to try new things. It's ok to feel anxious/excited, both are normal emotions to feel at this time of change.
- Video: Introduce the story of Joseph from the Bible (also present in the Qu'ran (Yusuf) and Torah) and show the video. Joseph went through many changes in his life. Some were very hard. Yet Joseph believed that God meant it for GOOD.

## ***Second Section – Challenges***

- Activity – play a fun, challenging game (paper dragons / inside out jumpers / balloon game / pipe cleaner bracelet / paper aeroplane / tea bag footie).
  - Discuss how it feels to be confronted with challenges. What are good strategies to cope with challenges?
  - Look back at the changes written down earlier. Briefly discuss which changes will you find most challenging?
- Discuss some challenges children might face when moving to secondary school (make a list on the Whiteboard / Flip chart):
  - Getting more homework:
  - Finding your way around school (pages 38-40):
  - Making friends (page 46-50)
  - Bullying
- Video: Show video of secondary school students discussing some of these challenges
- Discuss:
  - What can help you when you face challenges? (family/friends)
  - What attitude can you adopt when facing challenges? (perseverance/ positivity)
  - Think back to what you have already achieved or are proud of – how did you achieve that?
  - Discuss how in the Bible story Joseph was mistreated many times in his life. How would you respond? Joseph worked hard and maintained the right attitude. Because of his kindness to others he was eventually released from prison and put in a position of trust.
- Worksheet:
  - Write a short phrase to encourage yourself when you face challenges
  - Fill in the support network (spider web) to remind yourself of who to turn to for help.
- Optional: choose 1 or 2 challenges to do in your IYM book:
  - Fill in page 48 (What makes me a good friend?)
  - Solve the maze on page 40

- Do the word search on page 44

### ***Third Section – Choices:***

- Activity - Play Choices game.
- Discuss:
  - In secondary school there will be lots of choices for you to make, eg. clubs, what to have for lunch, who to be friends with. Choices can have consequences.
  - What would you like to achieve? What kind of person would you like to be? How can you make the right choices to achieve your hopes and dreams? And what if things don't always go the way you expect? Who can support you (family, friends, God)? People who have faith in God believe He can guide them in the choices they have to make. They believe God is always with them and that they can turn to him for help. Joseph chose to forgive his brothers. He believed that God had a plan for his life and although his brothers tried to harm him, God turned it around for good.
- Worksheet:
  - On the choices page, write some of the choices you will be making in secondary school. Can you add some choices about what kind of person you'd like to be?
  - Butterflies can represent a fresh new start. On the butterfly, write how you would like to start anew.
  - On page 66 in your IYM book, you can write something new you'd like to try in secondary school.

### **Plenary**

Summarise the workshop:

- Facing changes, challenges and choices is all part of growing up, of becoming the person you can be.
- Have a look at the Top tips in your IYM book (pages 14-23). What is the number 1 top tip? Be You!
- You are not alone! Many of you are making the same move to secondary school. Many people have gone before you. Many people will cheer you on and support you on the way!

### **Reflection**

Using PowerPoint read adapted version of Psalm 139 from the Bible or show video with children reading it. Christians pray, talk to God, about their lives-the changes, challenges and choices they face. They read the bible, which reminds them that God is always with them. What helps you in this special time in your life?

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