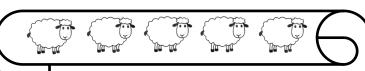




## L.O. To explore how Psalm 23 from the Bible can help Christians in their daily lives.



Read Psalm 23 and highlight which sentence speaks most to you.



Can you name 3 things a shepherd does for his sheep? How does this compare to what God does for people according to David?





Give an example of what the dark valley might be in someone's life?







Psalm 23

- 1. The Lord is my Shepherd. He gives me everything I need.
- 2. He lets me lie down in fields of green grass. He leads me beside quiet waters.
- 3. He gives me new strength. He guides me in the right paths for the honour of his name.
- 4. Even though I walk through the darkest valley, I will not be afraid. You, God, are with me. Your shepherd's rod and staff comfort me.
- 5. You prepare a feast for me right in front of my enemies. You pour oil on my head. My cup runs over.
- 6. I am sure that your goodness and love will follow me all the days of my life.

And I will live in the house of the Lord forever



How many of these little



On the cup write some good things in your life. What makes your cup run over?



