A still life photograph featuring a golden chalice on the left and a round, golden-brown loaf of bread broken in half on the right. Both are set on a dark green, textured cloth. The background is dark and out of focus. The text is overlaid in white, serif font, with some words in italics.

This is My body
which is given for you;
do this
in remembrance
of Me.

Jesus said,

"..This is my blood of the covenant,
which is poured out
for many for the forgiveness of sins."


Matthew 26:28



Jesus made a new covenant for you.



On the Friday they nailed Jesus to a cross between two thieves. Today this is known as **Good Friday**. When Jesus had died his followers buried him in a stone tomb.



*Greater love
has no one than this,
that he lay down
his life for his friends.*

John 15:13