



R.E. LESSON PLAN - WATFORD SCHOOLS TRUST

LESSON TITLE It's Your Move Workshop 2021	LEARNING STAGE UKS2	WST TEACHER/DATE
<p>AIM: To provide practical advice and tools to cope with the changes, challenges and choices involved with secondary school transfer.</p> <p>LEARNING OBJECTIVE:</p> <ul style="list-style-type: none">● Introduce children to the <i>It's Your Move</i> book● Discuss the changes, challenges and choices involved in secondary school transfer.● Encourage reflection on how secondary school transfer affects the children.	<p>MAIN AREA/S OF LEARNING (Herts R.E. Agreed Syllabus 2017-22)</p> <p>Identity and belonging</p> <p>Other AOL covered: Beliefs and practices Prayer, worship and reflection</p>	<p>LESSON RESOURCES</p> <p>WST will provide:: It's Your Move books It's Your Move worksheets available at www.watfordschoolstrust.org</p> <p>WST Video: Video available via our website and WST YouTube channel: https://www.youtube.com/watch?v=j_5EJhJS5TU&t=1017s Included in the video lesson is a clip of the story of Joseph from https://crossroadskidsclub.net/gods-story-joseph/</p> <p>School to provide: Copies of It's Your Move worksheet Pencils/pens Whiteboards and pens</p>

This lesson plan accompanies our 'It's Your Move' video workshop. Please read this LP before taking the workshop with your class. There are lots of opportunities to pause the video to complete parts of the worksheet/ discuss the questions raised. Please use your discretion, as you know your class best! You will need a copy of the double sided worksheet and an 'It's Your Move' book for each child. Everyone will need a small whiteboard and marker for the first challenge.

Introduction.

Johanna welcomes you to the It's YOUR move workshop! She explains that this workshop is designed to help your children think about the changes, challenges, and choices they will be facing as they make their move to secondary school.

Johanna introduces the gift of a copy of 'It's Your Move' book. We really do think this book is brilliant as it's full of information, activities and top tips about the move to secondary school. The workshop is divided into three sections that cover: Changes, Challenges and Choices.

Changes

Tricia introduces a Quick Quiz. She shows pictures of 5 famous people when they were younger. The video gives the children 10 seconds to identify them (obviously, you can pause the video if you'd like to.)

Here are the answers! 1. Sir Lewis Hamilton, 7 times Formula 1 World Champion; 2. Boris Johnson, current British Prime Minister; 3. Alex Scott MBE, (retired) professional footballer who made 140 appearances for England; 4. Declan Donnelly-part of Ant and Dec! 5. Catherine, Duchess of Cambridge (Kate Middleton) Married to Prince William.

You may like to ask your class why they think we've included such a quiz in this video. We make the point that when these celebrities were children, they couldn't be sure what their future would look like. Just like them, the children might have hopes and dreams for the future, but don't know which of those will come true. The one thing we know for certain though is that things will change. Life is full of changes, in fact change is part of life.

We ask the children to do a quick thumbs up or thumbs down to see how they are feeling about going to secondary school. It is important to assure children that however they are feeling, they won't be alone in that and expressing those feelings, worries, anxieties can only help.

The first page of the worksheet can help the children explore how they feel.

Activity 1

It would be a good time now to pause the video and look at the first activity on your worksheets.

The children are asked to identify some of the things that will be changing as they move to secondary school and how they feel about them? What are they looking forward to/feel a bit nervous of? When you are ready you can start the video again.

Johanna introduces the animated story Joseph. This story is from the Bible, but the stories about Joseph (or Yusuf) can be found in the Jewish, Christian and Muslim religion.

He went through many changes in his life. Things definitely didn't turn out the way he expected; he faced many challenges and had to make some difficult choices.

Joseph lived a long time ago, but we can learn a lot about how he coped with the changes, challenges and choices he faced.

Challenges- In this section we ask you to think about how you tackle challenges, how you feel about them and whether there might be a better way to approach them. We have suggested some other class challenges that you might like to try. These could prompt some useful discussions about resilience and teamwork/supporting each other. Tricia gives the children a challenge. She asks them to hold their whiteboards above their heads and without looking, draw a bus. You may like to pause the video here to compare pictures!

Johanna explains that we asked you to draw a bus, because one of the things that may change (and be a real challenge) is their journey to school. She suggests that practicing their journey over the summer, perhaps with friends, can really help.

At this point the class could take part in other fun challenges (as provided via e-mail and at the back of the letter with the IYM books) or continue the video workshop.

We ask the children to think back to the story of Joseph, can they remember some of the challenges he faced? What challenges did he overcome? Pause the video for a moment to consider this question.

These are some of the things we came up with:

- Joseph had to get used to living in a new place
- He had to learn a new language,
- He had to eat different food,
- He didn't know anybody and had to make new friends.
- He became a slave and was no longer free to make his own decisions but had to follow orders,

We also ask how Joseph coped with these changes and what helped him? Was it his positive attitude or a hope for a better future? The Bible says that his faith helped him too. He believed that God was with him.

We ask the children to think about what will be the most challenging thing for them, pointing out that we're all different and what one person may struggle with, others might find very easy.

The video then shows some local secondary school students how they felt about some of these challenges when they made their move to secondary school and what helped them to overcome these challenges. We asked them:

- 'Will I make new friends?'
- "Will I be bullied?"
- "Will I be able to find my way around the school?"
- "Will I get a lot of homework?"
- "How do I tie a tie?"
- "How does your faith help you?"
- "Do you have any top tips for new year 7 students?"

We think that overcoming challenges can help you grow as a person, help you to become more confident and ready to tackle the next challenge. We remind children that they don't need to face these challenges alone.

Activity 2

Pause the video while the children write down on their worksheet who is in their support networks and will help them in their move to secondary school. They are then encouraged to turn to page 48 to note down how they can be a good friend to others.

Choices-In this third and final part of the workshop we look at the sort of choices they will have to make in secondary school and how they make them.

Johanna talks about the sort of everyday choices we make and asks the children to think about how they make those choices. She plays a 'choices' game that children can join in with and ends with asking what kind of choices children will be making at secondary school.

Activity 3:

The video can be paused for children to write down their ideas on what choices they will be making in secondary school.

We share our top tips to consider when they make their choices:

1. Consider all the options:
2. Think ahead: eg. If you have lunch at school, make sure you have money with you or your school payment card topped up!
3. Take advice: we suggest asking others what they would recommend, including parents, friends and teachers.
4. Choose for yourself: this is an opportunity for you to be yourself and enjoy the things you like!

We give them a tricky dilemma to consider and ask: what would you do in this situation:

"You see someone you know from primary school being pushed around by some year 9 lads. Do you:

- A. Walk on by, as if you didn't know them
- B. Join in with the fight to help.

- C. Ask an adult in school to sort it out
- D. Stand and watch, shouting 'Fight, fight!'

Tricia suggests that we turn the question around, "What if you were the one being pushed around? What would you like others to do? Would you still pick the same answer?"

There are more dilemmas on page 68 in the IYM books.

Tricia recaps some of the difficult decisions Joseph had to make throughout his life. In the story he chose to forgive and help his brothers, because he believed that it had all happened for a reason. He believed that God turned the difficulties he had been through into something positive, because they were reunited as a family and they were all saved from the famine.

Christians find it helpful to believe that God loves them just the way they are and that he is with them every step of the way.

We have asked some children to read an adapted version of a poem (Psalm 139) from the Bible. We suggest that the class uses this moment of reflection to think about their feelings and what may help them in their move to secondary school.

All of us from Watford Schools Trust wish your classes well and hope they have a fantastic time in secondary school!

www.watfordschoolstrust.org

